## THE MONTH OF AL-MUHARRAM &



## FASTING ON THE DAY OF ASHOORAH

"Fast the Day of Ashura, for indeed I anticipate that Allah will forgive (the sins of) the year before it." (Jami` at-Tirmidhi 752)

#### **VIRTUES OF AL MUHARRAM**

One of the Four Islamic Sacred Months.



First Islamic Month of the Hijri Calendar.

### WHY DO WE FAST THE DAY OF ASHOORAH?

When the Messenger arrived in Madeenah, he found the Jews fasting on this day of Ashoorah, so he said to them: "What is this fasting of yours?" They said: "It was the day Allaah gave victory to Moosa and his people and humiliated pharaoh and his people. Indeed, Moosaa fasted on this Day, so we also fast. So the Messenger said: We have more right to (follow) Moosaa than you." (Sahih al-Bukhari 3942)

#### **HOW DO WE FAST**

The Messenger wanted us to oppose the Jews, so he commanded us to fast a day before Ashoorah (i.e. the 9th of Muharram) before fasting on the 10th (i.e. Day of Ashoorah).

Mon, 15th July 2024

09

MUHARRAM

Tues, 16th July 2024

10
DAY OF 'ASHOORA

Wed, 17th July 2024

1 1

MUHARRAM

\*RECOMMENDED DAYS FOR FASTING

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Date of experience: June 28, 2024

Nadia



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