



28-Day Pumpkin Prayer Challenge

Week 1: Planting Your Prayer Seed

- Sunday: Say a morning prayer asking God to help you focus on Him throughout the week.
- Monday: Draw a "prayer seed" and write one thing you'll pray for this week.
- Tuesday: Pray before lunch for the people who prepared your food.
- Wednesday: Pray for your teachers and friends at school.
- Thursday: Pray for your family members individually.
- Friday: Say a bedtime prayer, thanking God for getting you through the week.
- Saturday: Review your "prayer seed" and notice if there has been any change or answer to your prayer.

Week 2: Nurturing Your Prayer Life

- Sunday: During church, pray for the message to touch not just your heart but others too.
- Monday: Pray for someone who is sick or in need.
- Tuesday: Say a prayer of gratitude before dinner.
- Wednesday: Pray for wisdom to understand your school lessons.
- Thursday: Write down or draw something you're thankful for.
- Friday: Pray for peace and rest in your home.
- Saturday: Reflect on your week and say a prayer thanking God for his guidance.

Week 3: Overcoming Prayer Obstacles

- Sunday: Pray for a willingness to overcome challenges this week.
- Monday: Identify a distraction and pray for focus.
- Tuesday: Pray for courage when you feel scared or anxious.
- Wednesday: Create a "prayer jar" and add your first prayer request.
- Thursday: Pray for someone you have a hard time getting along with.
- Friday: Add a second prayer request to your "prayer jar."
- Saturday: Review the prayer jar and pray for each request.

Week 4: Harvesting the Blessings

- Sunday: Begin your day with a prayer of anticipation for the week's blessings.
- Monday: Share a blessing from the weekend and pray a prayer of thanks.
- Tuesday: Pray with a family member or friend.
- Wednesday: Write down a blessing you've noticed today.
- Thursday: Say a prayer thanking God for your talents and abilities.
- Friday: Write a thank-you note to God.
- Saturday: Reflect on the week's blessings and say a prayer of gratitude.

Make It Personal: Use your creativity to find new prompts for prayer and share what you learn with the group. As always - you can substitute your own ideas for any of our challenges!