



## #BLESSED: 4-Week Children's Ministry Curriculum

---

**#BLESSED** is a 4-week curriculum for children aged 6–12 designed to help them recognize and appreciate God's blessings in their lives. It teaches kids to spot and celebrate God's gifts in their daily lives through engaging Bible stories, interactive activities, and thoughtful discussions. Children will learn to identify God's blessings, big and small, and share these "good news stories" with others. By the end, kids will understand that true blessings come from God and how to spread the word about His goodness in positive, meaningful ways.

**Main Idea:** God blesses us abundantly, and recognizing His gifts fills our hearts with joy.

**Memory Verse:** James 1:17

**Gospel Connection:** Jesus is God's greatest blessing to us. Through His life, death, and resurrection, Jesus shows us how much God loves us. When we believe in Jesus, we receive the amazing gift of God's forgiveness and eternal life.

You are viewing the 1st week of this series as a free preview lesson, [click here to purchase the complete 4-week series.](#)

# 4-Week Lesson Overview

---

## Week 1: #PraiseParty

- **Bible Story:** Psalm 103 Celebrating God's Goodness
- **Main Idea:** Because God's blessings are everywhere, we can always find reasons to praise Him.
- **Gospel Connection:** God's greatest blessing is sending Jesus to save us from our sins. When we believe in Jesus, we receive forgiveness and eternal life.

## Week 2: #NoWorries

- **Bible Story:** Jesus' Teaching on Worry (Matthew 6:25-34)
- **Main Idea:** Because God cares for us perfectly, we can trust Him instead of worrying.
- **Gospel Connection:** Jesus died on the cross to take away our biggest worry - being separated from God because of our sins. When we trust in Jesus, we become God's children forever.

## Week 3: #Content

- **Bible Story:** Paul's Letter to the Philippians (Philippians 4:4-13)
- **Main Idea:** Because God provides all we need in Christ, we can be content in any situation.
- **Gospel Connection:** Through Jesus' death and resurrection, God has given us everything we truly need - forgiveness, love, and eternal life. When we understand how much we've been given in Christ, we can be content even when we don't have everything we want.

## Week 4: #RiseUp

- **Bible Story:** Joseph's Rise to Power in Egypt (Genesis 41)
- **Main Idea:** Because God's plans never fail, we can trust Him to come through in difficult times.
- **Gospel Connection:** God's perfect plan was to send Jesus to save us, even when it looked like sin had ruined everything. Just as God used Joseph's challenges to save many lives, He used Jesus' death on the cross to offer salvation to everyone.



James 1:17 NIV

---

Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows.

---





James 1:17 KJV

---

Every good gift and every perfect gift is from above, and comes down from the Father of lights, with whom there is no variation or shadow of turning.



James 1:17 ESV

---

Every good gift and every perfect gift is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change.



James 1:17 NLT

---

Whatever is good and perfect is a gift coming down to us from God our Father, who created all the lights in the heavens. He never changes or casts a shifting shadow.





## Week 1 #PraiseParty

---

**Bible Story:** Psalm 103 Celebrating God's Goodness

**Supporting Scriptures:** Ephesians 1:3, James 1:17

**Main Idea:** Because God's blessings are everywhere, we can always find reasons to praise Him.

**Gospel Connection:** God's greatest blessing is sending Jesus to save us from our sins. When we believe in Jesus, we receive forgiveness and eternal life. This amazing gift gives us the biggest reason to praise God every day, no matter what else is happening in our lives.

**Digital Content:** Use this link to video recommended Bible story videos and other digital content online from other ministries. [https://linktr.ee/blessed\\_lesson](https://linktr.ee/blessed_lesson)



# Introduction Game - Blessing Ball Toss

---

**SUPPLIES NEEDED:** A soft beach ball or lightweight ball

**TEACHER:** Welcome, everyone! I'm so happy to see you. We're starting a new series called #BLESSED, and it's all about the amazing blessings God gives us every day. Do you know what it means to be blessed? It means God shows His love by giving us good things—like our friends, family, and even fun times!

Today's lesson is called #PraiseParty because we are going to talk about how we can always find reasons to praise God. God's blessings are all around us, and when we notice them, we have so much to thank Him for!

Now, we're going to play a game called Blessing Ball Toss. Here's how it works:

1. I'm going to toss this ball to one of you, and when you catch it, I want you to quickly say one thing you are thankful for—something that God has blessed you with.
2. Then, you toss the ball to someone else, and they'll do the same thing.
3. We'll keep passing the ball and sharing blessings.

Let's see how many different things we can think of to praise God!

**TEACHER** (after the game): That was awesome! Look how many blessings we named. Just like we shared these blessings, we can praise God anytime we see something good in our lives. God loves us so much and gives us so many reasons to be happy and thankful!



# Object Lesson – Nature Adventure

---

**SUPPLIES NEEDED:** A personal picture of a beautiful outdoor spot (park, beach, mountain, etc.) Kids will love seeing something real from the teachers' lives to illustrate the object lesson.

**TEACHER:** Look at this picture! This is a place I visited once, and it's one of the most beautiful places I've ever seen. Do you like going outside and exploring nature—like parks, beaches, or mountains? God created all these amazing places for us to enjoy, and they are one of the ways He blesses us. It's like God's way of saying, "I love you!"

We are learning about praising God for His blessings. Even when we step outside, we can see so many reasons to be thankful. When I look at a place like this, I think about how much God loves us and how He blesses us with so many things that make us happy.

Can you think of a place outside where you felt really happy and blessed? Maybe a park or beach you love? [Allow for responses]

God's blessings are all around us, and we can always find reasons to praise Him. Even just looking at nature shows us how much God cares for us. Remember, Jesus is God's biggest blessing because He shows us how much God loves us. When we trust Jesus, we can see all the other blessings God gives us every day.

Let's read a Bible story that helps us learn more about God's amazing blessings.

# Bible Story – God's Goodness

---

**TEACHER:** Have you ever had a day where everything just felt amazing? Maybe you got your favorite meal for dinner, played your favorite game, or had fun with your friends. Now, imagine if you could feel thankful and happy even on the not-so-great days. Today, we're going to learn about a guy named David who knew how to find reasons to be thankful all the time because he remembered how God blessed him in so many ways.

## **READ: Psalm 103:1-5**

David wrote this Psalm, which is like a song or poem, to remind himself (and us) about all the great things God does. In this part, it's like he's telling himself to cheer up and remember the good stuff God has done! David lists out blessings: forgiving our sins, healing us when we're sick, giving us good things, and making our lives feel new and fresh like the morning air.

Sometimes, when we feel down or worried, we can forget the good things. But David shows us that even when things aren't perfect, there are always blessings to be thankful for, like how God takes care of us and gives us everything we need.

## **READ: Psalm 103:8-12**

In this part, David talks about how God is patient and loving. He says that God is slow to get angry and is full of love. David uses a picture to help us understand—he says God's love is as high as the heavens and that when He forgives us, it's like He puts our mistakes as far away as the East is from the West. That means God's love and forgiveness never end!

Even when we make mistakes, God is ready to forgive and bless us with His love.

This is one of the biggest reasons we can praise Him—He loves us no matter what!

**READ: Psalm 103:13–18**

David explains that God is like a caring parent who knows what we need and is gentle with us. He says that God understands we're not perfect, but He still takes care of us. David wants us to remember that God's love lasts forever for those who trust Him.

Now, let's think about this: David could have focused on the things that were wrong or the tough stuff he went through. But instead, he chooses to think about all the ways God blessed him. We can do the same! Whether it's family, friends, nature, or knowing that God loves us and forgives us, we can always find reasons to be thankful.

**GOSPEL CONNECTION:** God's biggest blessing to us is Jesus. Just like David talked about God forgiving our sins, Jesus made that possible. When Jesus died and rose again, He made a way for us to be close to God forever. This is the best reason to praise God—because Jesus shows us just how much God loves us!

David's song, Psalm 103, shows us how we can always find reasons to praise God. Whether it's His love, forgiveness, or the blessings we see every day, we have so much to be thankful for. Remember, God's blessings are all around us, just like they were for David.



# Discussion Questions & Prayer

---

**TEACHER:** You all did such a great job paying attention during our Bible story. Remember, God's blessings are everywhere, and we can always find reasons to praise Him. Let's take a few minutes in our small group to talk about what we learned and share some of the ways we can praise God.

## **Discussion Questions:**

1. What is one thing you feel blessed by that makes you want to thank God? Maybe something special in your life, like a friend, family member, or favorite activity.
2. David talked about how God loves us and forgives us. Can you think of a time when you needed to be forgiven? How did it feel to know that God forgives us?
3. God's blessings are around us. What are some blessings you see in nature, like the sunshine, animals, or trees, that remind you of how good God is?

**Prayer Requests:** Now, before we finish, does anyone have a prayer request they'd like to share? Maybe it is something they're thankful for or something they need help with. Let's pray together.

*Dear God, thank You so much for all the blessings You give us every day. We are so grateful for Your love, forgiveness, and all the good things in our lives. Help us to always remember to praise You, just like David did. We pray for all the prayer requests. Please help each of us feel Your love and know that You are always with us. In Jesus' name, we pray. Amen.*

# Coloring Page - David Praising God

---



# Word Search Puzzle

---

BLESSED - CREATION - DAVID - FORGIVE - GRACE

HEAVEN - HEAL - LOVE - MERCY - PRAISE - SOUL - THANKFUL - TRUST

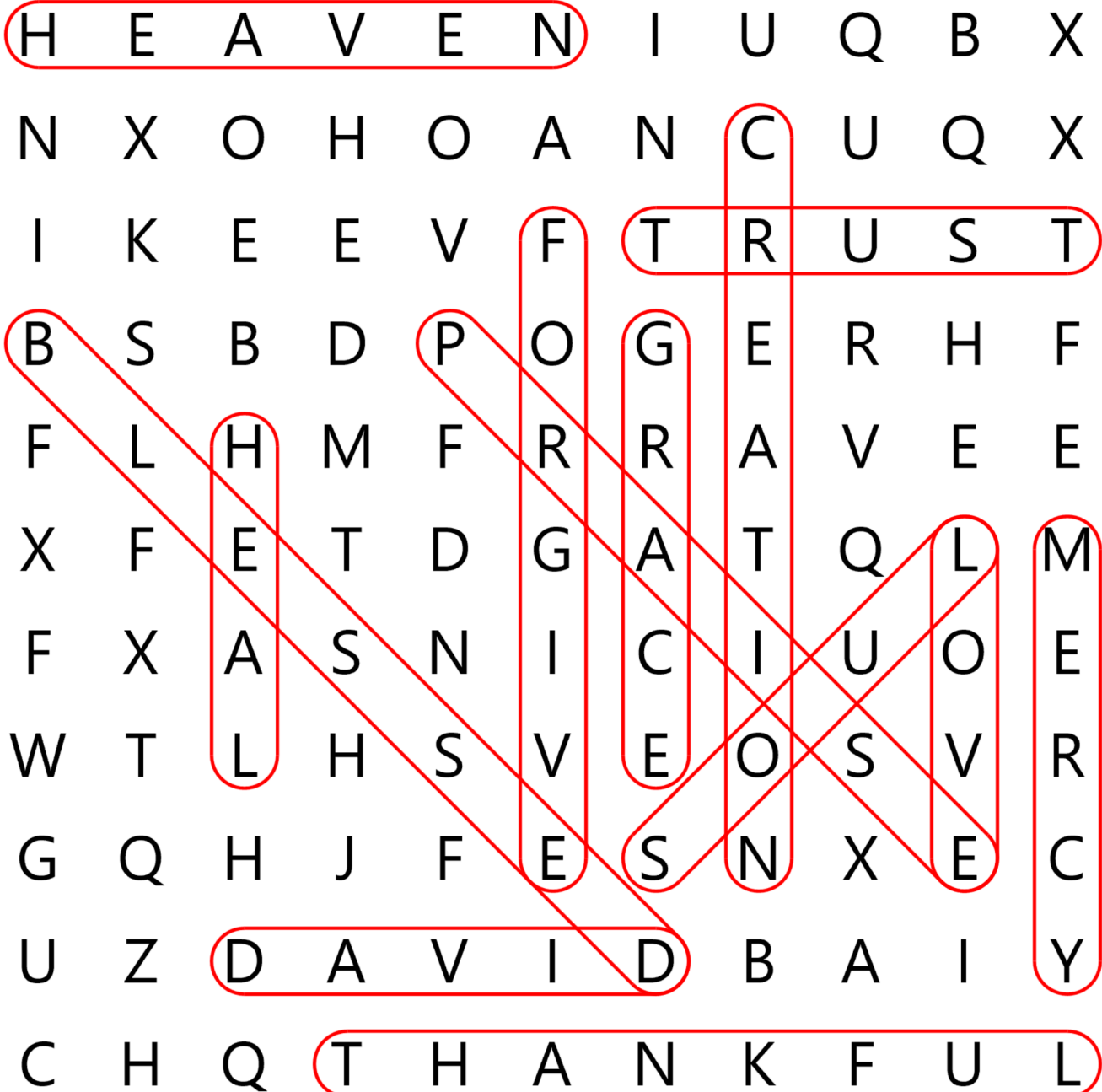
H	E	A	V	E	N	I	U	Q	B	X
N	X	O	H	O	A	N	C	U	Q	X
I	K	E	E	V	F	T	R	U	S	T
B	S	B	D	P	O	G	E	R	H	F
F	L	H	M	F	R	R	A	V	E	E
X	F	E	T	D	G	A	T	Q	L	M
F	X	A	S	N	I	C	I	U	O	E
W	T	L	H	S	V	E	O	S	V	R
G	Q	H	J	F	E	S	N	X	E	C
U	Z	D	A	V	I	D	B	A	I	Y
C	H	Q	T	H	A	N	K	F	U	L



# Word Search Answers

BLESSED - CREATION - DAVID - FORGIVE - GRACE

HEAVEN - HEAL - LOVE - MERCY - PRAISE - SOUL - THANKFUL - TRUST



# Craft Activity – Blessing Collage

## SUPPLIES NEEDED:

- Paper (one sheet per child)
- Crayons, colored pencils, or markers
- Scissors (optional)
- Magazines or printed images (optional, if available)
- Glue sticks (optional)



**TEACHER:** Today, we learned that God's

blessings are all around us, and we can always

find reasons to praise Him. Now, we will make something to help us remember the many blessings God has given us. This week's challenge is to look for reasons to praise God each day. Our craft will be a **Blessing Collage**, where each of you will create a picture showing things you're thankful for!

On your paper, draw or write some of the blessings you can think of—things you are grateful for that God has given you. These could be anything, like family, friends, food, pets, or fun activities you enjoy. You can use crayons, colored pencils, or markers to make your pictures bright and colorful. If we have any magazines, you can cut out pictures to glue onto your paper, too.

When you're finished, we'll all have a collage of blessings to remind us to praise God for the good things He gives us daily. This craft will also help you with this week's challenge, where you can keep finding new blessings around you and thank God for them!



## Week 1 - Note for Parents

---

Today, your child learned about the many blessings God gives us and how we can always find reasons to praise Him. We focused on Psalm 103, where King David reminds us of God's love, forgiveness, and care. Through fun activities, the kids created "Praise Posters" to illustrate something they are thankful for.

We encourage you to keep the conversation going at home! For a fun memory, you could snap a selfie with your child holding their "Blessing Collage" and share what they are thankful for. Thank you for investing in your child's spiritual growth. We are so grateful to partner with you in helping them grow in their faith!