

Welcome to **cpap.com**



Questions? Speak with
a CPAP Guide today.

1-800-356-5221

(Mon-Fri 8 am - 8 pm CST,
Sat-Sun 8 am - 5 pm CST)



Starting CPAP therapy can transform your sleep and overall health. We're here to make finding the right machine simple and straightforward.

When you shop with us, you're not just buying a CPAP machine—you're gaining a partner committed to guiding you back to the vibrant world of restful sleep.

By the time you finish this short guide, you'll confidently:

- 1** Understand the different types of sleep apnea machines
- 2** Know which comfort features will improve your sleep experience
- 3** Choose the right machine to help you sleep better



Starting Your CPAP Journey

Begin with Your Prescription

To purchase any CPAP machine you will need a prescription because it is a medical device. After you place an order, you'll need to provide a valid prescription—but don't worry, we offer several easy options below if you don't have one or need help.

[Home Sleep Test](#)

Don't have a prescription? Check out our home sleep test product.

Ways to Get Your Prescription



Contact my doctor

After you place an order, you will have the option for cpap.com to contact your doctor.



Upload a new prescription

Have a prescription? Take a picture or upload a document on our website.

[Upload Prescription](#)



Renew a prescription

Can't find your prescription or it's expired? We can connect you with a physician.



Email

Email: rx@cpap.com

Make sure to include:

- Email subject: My Rx Prescription
- Prescription attachment
- Order number if possible



Fax

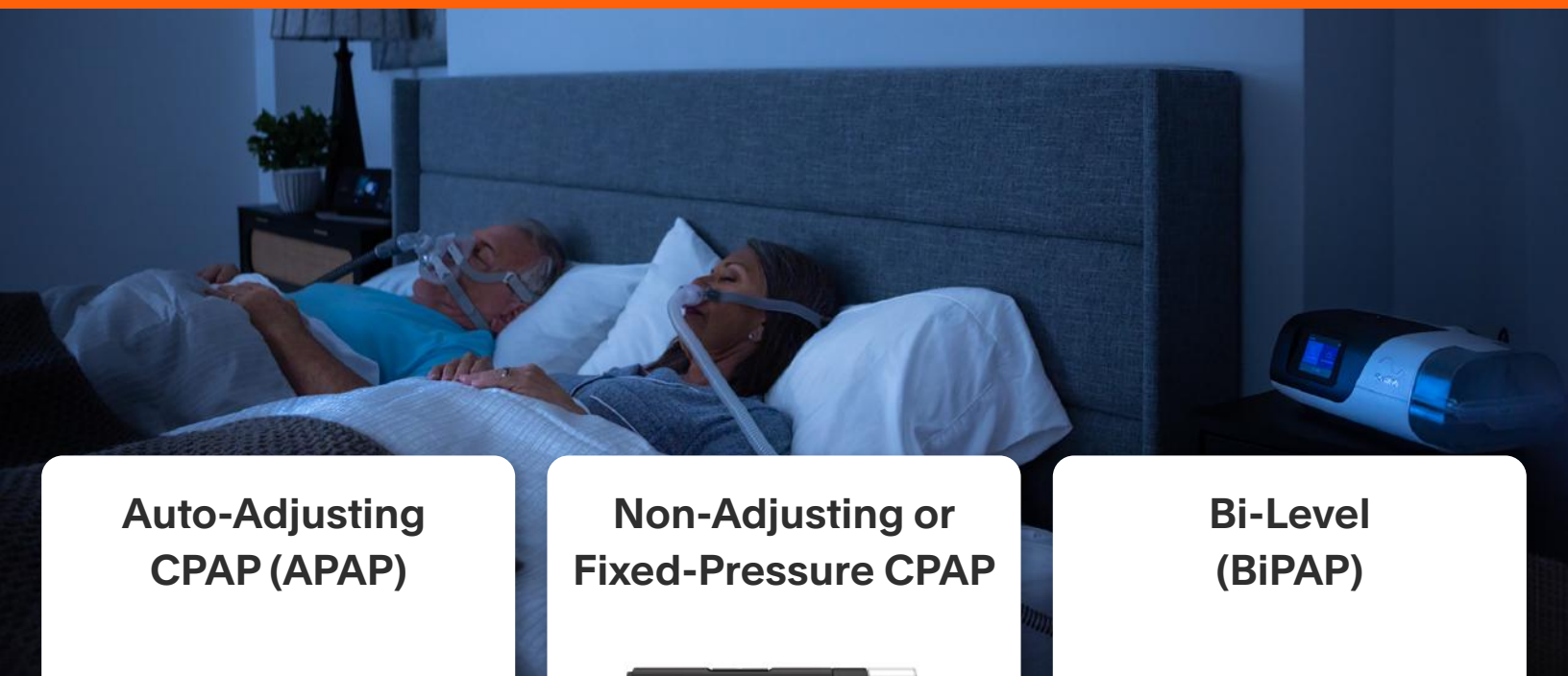
Fax: 1-866-353-2727

Be sure to include:

- Patient's full name
- Order number if possible



Types of CPAP Machines



Auto-Adjusting CPAP (APAP)



What is an APAP?

APAPs automatically adjust pressure based on your breathing needs throughout the night.

Who are APAPs for?

APAPs are ideal for those with varying pressure requirements or who are new to CPAP therapy.

If you used our Home Sleep Test, your prescription likely includes an APAP machine with a range of pressure settings.

Non-Adjusting or Fixed-Pressure CPAP



What is a CPAP?

CPAP machines deliver consistent, fixed pressure all night long.

Who are CPAPs for?

CPAPs are perfect for experienced users who know their exact pressure needs.

Lab sleep tests may prescribe a fixed pressure. APAP machines can run in CPAP mode, but CPAP machines can't switch to APAP mode.

Bi-Level (BiPAP)



What is a BiPAP?

BiPAP machines offer two distinct pressures for inhaling and exhaling.

Who are BiPAPs for?

BiPAPs are best suited for those who need higher pressure settings or have difficulty exhaling against pressure.

Bipap therapy is often used for people with complex conditions that affect breathing. These machines provide extra support while breathing in and out.

Essential CPAP Features

Noise Level

With noise levels comparable to soft rainfall, today's CPAP machines are designed to fade into the background of your sleep environment.

Portability

If you travel frequently, consider a lightweight travel-sized CPAP machine. They're not as quiet as full-sized machines, but still have similar comfort features.

Humidification

Many modern CPAP machines include integrated, adjustable, and heated humidification systems to combat dryness and keep you comfortable all night long.

Data and Connectivity

Modern CPAP machines track therapy data which you can view directly on the machine or via a smartphone companion app. Compliance data can be transferred through the app or via SD card.

Mask Compatibility

Most CPAP machines use standardized connections and are compatible with most CPAP masks. An exception to this is the ResMed AirMini, which is designed to work with only a select few ResMed masks.

Ramp Mode

Starts you at a low pressure and ramps up to your prescribed pressure over time. Some machines can detect and wait until you're asleep.

Exhalation Relief

Goes by many names, but this feature lowers pressure during exhalation to make therapy easier and breathing feel more natural.

Auto Start/Stop

Some machines can be touchless. When you put on your mask and take a breath, therapy will start. It will also stop moments after removing your mask.

Humidifier Pre-Heat

Warms your humidifier so therapy air is just how you like it on the first breath.

Mask Fit Check

Uses pressure to check your mask for leaks before starting therapy.

Now that you understand the different types of CPAP machines and features to look for, let's help you choose one.

Sleep apnea, meet your match.

Top Machines for CPAP Therapy



The ResMed AirSense™ 11 AutoSet™

Top-of-the-line, premium APAP machine great for any level of experience

- ✓ Can operate in APAP, CPAP, or APAP for Her modes
- ✓ Personalized support for consistent therapy progress
- ✓ Simple menus and responsive touchscreen
- ✓ Integrated humidifier with optional heated tubing

Shop Now For The Lowest Price

<https://go.cpap.com/Airsense-11>



Top Machines for CPAP Therapy



The ResMed AirSense™ 10 AutoSet™

Robust, durable machine with great features and humidification

- ✓ Can operate in CPAP & APAP modes
- ✓ Tried and true, whisper-quiet therapy
- ✓ Button & dial interface for easy navigation
- ✓ Integrated heated humidifier with included heated tubing

Shop Now For The Lowest Price

<https://go.cpap.com/Airsense-10>



Scan to learn more

Top Choice for BiLevel CPAP



The ResMed AirCurve™ 11 VAuto

Modern BiPAP machine with more options to tailor your therapy

- ✓ Auto BiPAP for personalized pressure support
- ✓ Ideal for Central or Obstructive Sleep Apnea
- ✓ Advanced comfort features & data tracking
- ✓ Integrated humidifier with optional heated tubing

Shop Now For The Lowest Price

<https://go.cpap.com/aircurve-11>



Scan to learn more

Top Choice for Travel CPAP



The ResMed AirMini™ AutoSet™

Premium travel machine built for portability without sacrificing comfort

- ✓ Can operate in APAP, CPAP, or APAP for Her modes
- ✓ Optional waterless humidification system
- ✓ Easily fits in backpacks, purses, and carry-ons
- ✓ Compatible with popular masks

Shop Now For The Lowest Price

<https://go.cpap.com/airmini>



Your CPAP-Positive Partner

Expert CPAP Guide Support

Our award-winning CPAP Guides combine expertise with genuine care to support your sleep apnea journey. From choosing the perfect mask to troubleshooting your equipment, we're your partner in rediscovering restful sleep.



Mask Finder Quiz

Just a few short questions and we'll pair you with recommended options for you.



Only Genuine Products

We sell factory-sealed, new CPAP equipment; no rentals or refurbished products. Guaranteed authentic therapy solutions you can trust.



Price-Match Guarantee

We offer clear, competitive pricing that's often lower than insurance copays.



30-Day Mask Fit Guarantee

Finding the right mask takes time, so we offer a 30-day mask fit guarantee. Exchange your mask within 30 days for a better fit—hassle-free.



Effortless Maintenance

Never run out of CPAP essentials with Subscribe & Save. Set your schedule, enjoy free shipping, and save 10% on every order.



Hassle-Free Prescription Support

We can help you find, renew, or get a new prescription through our Home Sleep Test or Rx Renewal programs.

Have Questions?
Contact Us

Phone:
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Live Chat: Available on-site
during business hours

SMS: 1 (844) 238-9830
Fax: 1-866-353-2727
Email: support@cpap.com

Visit us at
cpap.com

Sleep apnea, meet your match.